



#### KEY WORDS

- ✓ Advance Directive
- ✓ Medical Directive
- ✓ Advance Care Planning
- ✓ Living Will
- ✓ Patient Care Planning

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## AN EVALUATION OF THE CONCEPT OF ADVANCE DIRECTIVE IN TURKEY FROM THE PERSPECTIVE OF MEDICAL ETHICS AND A PROPOSAL FOR ITS IMPLEMENTATION

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#### THESIS ABSTRACT

This thesis aims to evaluate the ethical applicability in Turkey of the right to advance directives, which enables individuals to state in advance their preferences regarding medical interventions in the event of permanent or temporary loss of decision-making capacity, and to develop a guideline and form for practical use. Within this scope, national and international legislation and the literature were comparatively reviewed; the draft was submitted to expert opinion through a Delphi process, revised based on consensus, finalized following legal review by jurists, and the data were evaluated using a qualitative approach.

#### APPLICATION AREAS OF THE THESIS RESULTS

As a result of the study, it was concluded that advance directives are not limited to end-of-life care but constitute a fundamental right grounded in patient autonomy, enabling individuals to guide treatment and care processes in situations of potential decision-making incapacity, and that the developed guideline and form will provide ethical and legal guidance in this context.

#### ACADEMIC ACTIVITIES

1. Türkmen, M. T. An Ethical Analysis of Measures Taken During the COVID-19 Pandemic in Turkey. XI. National Bioethics Congress, Sakarya, 2025.
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